



11 January 2022

Dear Parents/Carers,

We have been advised that there has been confirmed cases of COVID-19 within the school.

We know that you may find this concerning but are continuing to monitor the situation and are working closely with the local health protection team. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

According to the latest government guideline, the advice for people who have a positive lateral flow device (LFD) test result has changed. They are no longer required to have a follow-up polymerase chain reaction (PCR) test, and they should stay at home and self-isolate immediately.

The 10 day self-isolation period for *pupils who record a positive LFD or PCR test result* for COVID-19 has been reduced to 7 days in most circumstances, unless you cannot test for any reason.

Pupils may now take LFD tests on day 6 and 7 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation. The first test must be taken no earlier than day 6 of the self-isolation period and tests must be taken 24 hours apart. This also applies to children under 5, with LFD testing at parental or guardian discretion. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result and return to your education setting from day 8.

### **If you live in the same household as someone with COVID-19**

All other household members who remain well are not legally required to self-isolate, as long as they are fully vaccinated (defined as having received 2 doses of a MHRA-approved vaccination in the UK), medically exempt from vaccination, or aged under 18 years and six months: [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/stay-at-home-guidance-for-households-with-possible-or-confirmed-coronavirus-covid-19-infection).

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

### *Do*

- wash your hands with soap and water often - do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

I have written this update to inform you of the changing situation with regards to managing Covid-19 within schools. Schools have been advised that it is not necessary to inform parents of every future individual case of Covid-19 which is reported at school. However, please be assured that I am keeping a very close overview of the situation and if cases were to escalate, further controls would be promptly introduced to the school, in liaison with the local health protection team.

Yours sincerely



Mrs A Martin  
Executive Headteacher