

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>KS1 YEAR A</b>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Characteristics of friendship – making friends, friendship problems and how to resolve them</li> <li>Playing cooperatively</li> </ul>	<b>Identity</b> <ul style="list-style-type: none"> <li>Understand that I am unique</li> <li>Feelings</li> <li>Personal achievements</li> </ul>	<b>Equality</b> <ul style="list-style-type: none"> <li>People who care for me.</li> <li>Different families</li> <li>Respect</li> <li>Kind and unkind behaviour</li> <li>Identify our rights and responsibilities including rules to keep us safe and being part of a community.</li> <li>Playing cooperatively</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Importance of family and friendships</li> <li>Feeling happy, loved and secure</li> <li>Different jobs in the community</li> <li>Looking after money</li> </ul>	<b>Health</b> <ul style="list-style-type: none"> <li>Managing big feelings – change, loss, bereavement</li> <li>Online bullying</li> <li>Keeping secrets and peer pressure - worries</li> <li>Emotional and physical wellbeing – diet, exercise, rest and hobbies</li> <li>Sun safety</li> <li>Basic hygiene routines</li> </ul>	<b>Safety</b> <ul style="list-style-type: none"> <li>How and why to use the internet</li> <li>Online content</li> <li>The Big Talk – privacy, touch, consent</li> <li>Keeping safe in everyday situations and familiar and unfamiliar environments.</li> <li>Reporting abuse or concerns</li> <li>Y2 – Growing and changing</li> </ul>
Assembly themes	Being a good friend, school and class rules, online safety	Being a good friend/what is bullying, managing feelings, personal achievements, dental health, road safety	Being a good friend (showing respect), caring for the environment and others, online safety, keeping ourselves safe (rules)	School and class rules, being a good friend to others, people who help us in the local community	Feelings, bullying, dental health, water safety	Responding to an accident, 999, keeping safe at home, road safety
<b>KS1 YEAR B</b>	<b>Health</b> <ul style="list-style-type: none"> <li>Managing big feelings – change, loss, bereavement</li> <li>Online bullying</li> <li>Keeping secrets and peer pressure - worries</li> <li>Emotional and physical wellbeing – diet, exercise, rest and hobbies</li> <li>Sun safety</li> <li>Basic hygiene routines</li> </ul>	<b>Identity</b> <ul style="list-style-type: none"> <li>Understand that I am unique</li> <li>Personal achievements</li> </ul>	<b>Equality</b> <ul style="list-style-type: none"> <li>People who care for me.</li> <li>Different families</li> <li>Respect</li> <li>Kind and unkind behaviour</li> <li>Identify our rights and responsibilities including rules to keep us safe and being part of a community.</li> <li>Playing cooperatively</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Importance of family and friendships</li> <li>Feeling happy, loved and secure</li> <li>Different jobs in the community</li> <li>Looking after money</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Characteristics of friendship – making friends, friendship problems and how to resolve them</li> <li>Playing cooperatively</li> </ul>	<b>Safety</b> <ul style="list-style-type: none"> <li>How and why to use the internet</li> <li>Online content</li> <li>The Big Talk – privacy, touch, consent</li> <li>Keeping safe in everyday situations and familiar and unfamiliar environments.</li> <li>Reporting abuse or concerns</li> <li>Y2 – Growing and changing</li> </ul>
Assembly themes	School and class rules, everyday feelings, bullying, online safety	Being a good friend/what is bullying, managing feelings, personal achievements, dental health, road safety	Being a good friend (showing respect), caring for the environment and others, online safety, keeping ourselves safe (rules)	School and class rules, being a good friend to others, people who help us in the community	Being a good friend, online safety, water safety, dental health	Responding to an accident, 999, keeping safe at home, road safety
<b>LKS2 YEAR A</b>	<b>Safety</b> – structures <ul style="list-style-type: none"> <li>Keeping themselves and others safe - online</li> <li>Analyse risk</li> <li>Making informed choices</li> <li>Where to access advice</li> <li>Media literacy and digital resilience – internet use, images, safe and reliable choices from search results</li> </ul>	<b>Safety</b> – fire safety <ul style="list-style-type: none"> <li>Keeping themselves and others safe – fire safety and bullying</li> <li>Hazards in the home and school</li> <li>Managing risk</li> <li>Where to access advice</li> <li>Media literacy and digital resilience – personal information online, advertising</li> </ul>	<b>Equality</b> – refugee’s rights <ul style="list-style-type: none"> <li>Different families</li> <li>Respectful behaviour including online</li> <li>Respecting similarities and difference</li> <li>Identify our rights and responsibilities</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Knowing own body belongs to them – consent</li> <li>Dares</li> <li>Online safety</li> <li>Healthy family life</li> <li>Respect in all relationships – healthy friendships</li> <li>Resolving conflicts</li> </ul>	<b>Identity</b> - different family make ups <ul style="list-style-type: none"> <li>Different types of families</li> <li>Respecting similarities and difference</li> <li>Pride in self and personal identity</li> <li>Self worth</li> <li>Avoiding stereotypes</li> <li>Y4 – Growing and changing</li> </ul>	<b>Health</b> – risk taking/drugging <ul style="list-style-type: none"> <li>Impact of choices on physical/mental health – drugs and medicines</li> <li>Support available when choices go wrong</li> <li>Belonging to a community</li> </ul>

Assembly themes	School and class rules, setting goals, bullying, online safety, privacy and personal boundaries	Road safety, firework safety, being a good friend/what is bullying, dental health	Respecting themselves and others, racism and our role to stop it, rules and laws in society, online safety	Rights and responsibilities as a child, bullying, caring for others, using devices respectfully and seeking help	Showing respect to others, being unique, stereotypes linked to families and gender, online safety, water safety	Dental health, bullying, sense of community, a healthy diet
<b>LKS2 YEAR B</b>	<b>Relationships</b> – linked to rejection. <ul style="list-style-type: none"> <li>Knowing own body belongs to them – consent</li> <li>Online safety</li> <li>Healthy family life</li> <li>Respect in all relationships – friendships</li> <li>Resolving conflicts</li> </ul>	<b>Safety</b> – natural disasters <ul style="list-style-type: none"> <li>Keeping themselves and others safe – online safety, fire safety</li> <li>Hazards in the home and school</li> <li>Managing risk</li> <li>Where to access advice</li> <li>Being responsible with money</li> </ul>	<b>Equality</b> – modern slavery & racism <ul style="list-style-type: none"> <li>Different families</li> <li>Respectful behaviour including online</li> <li>Respecting similarities and difference</li> <li>Identify our rights and responsibilities</li> </ul>	<b>Equality</b> – religion <ul style="list-style-type: none"> <li>Different families</li> <li>Respectful behaviour including online</li> <li>Respecting similarities and difference</li> <li>Identify our rights and responsibilities</li> </ul>	<b>Identity</b> - stereotypes - age <ul style="list-style-type: none"> <li>Jobs and skills</li> <li>Stereotypes related to work</li> <li>Pride in self and personal identity</li> <li>Self worth</li> <li>Avoiding stereotypes</li> <li>Y4 – Growing and changing</li> </ul>	<b>Health</b> – healthy choices. <ul style="list-style-type: none"> <li>Impact of choices on physical/mental health – healthy and unhealthy choices.</li> <li>Habits</li> <li>Support available when choices go wrong</li> <li>Belonging to a community</li> </ul>
Assembly themes	Online safety, bullying, caring for others, consent, using devices respectfully, setting goals	Road safety, firework safety, being a good friend/what is bullying, dental health, online safety	Respecting themselves and others, racism and our role to stop it, rules and laws in society, online safety	Respecting themselves, respecting others (religions), my rights and responsibilities as a child, bullying	Age stereotypes, different jobs that people can do – high aspirations, online safety, water safety	Dental health, bullying, sense of community, a healthy diet
<b>UKS2 YEAR 5</b>	<b>Health</b> – drug education <ul style="list-style-type: none"> <li>Impact of choices on physical/mental health – drugs and medicines</li> <li>Support available when choices go wrong – drug use</li> </ul>	<b>Relationships</b> – siblings <ul style="list-style-type: none"> <li>Healthy family life – friendships</li> <li>Peer influence and approval</li> <li>Respect in all relationships</li> <li>Resolving conflicts</li> <li>Media literacy and digital resilience – different types of media, online content</li> </ul>	<b>Health</b> – mental health, pressure and worries <ul style="list-style-type: none"> <li>Impact of choices on physical/mental health</li> <li>Balancing time online</li> <li>Age restrictions (online)</li> <li>Support available when choices go wrong – mental ill health</li> <li>Online safety – personal information, images</li> </ul>	<b>Relationships</b> <ul style="list-style-type: none"> <li>Knowing own body belongs to them – consent, touch, help and support</li> <li>Love, including everyone’s right to be loved</li> <li>Marriage</li> </ul>	<b>Equality</b> – racial equality, sexism <ul style="list-style-type: none"> <li>Equality and fairness</li> <li>Discrimination</li> <li>How actions can affect others.</li> <li>Online safety – images and appropriate and inappropriate content</li> </ul>	<b>Identity</b> – roles in society <ul style="list-style-type: none"> <li>Personal identity</li> <li>Gender</li> <li>Pride in self</li> <li>Avoiding stereotypes</li> <li>Future careers</li> <li>Y6 – transition to secondary school, sex education</li> </ul>
Assembly themes	School and class rules, showing respect to others, online safety, keeping healthy (drugs), setting goals	Showing respect to others, road safety, firework safety, being a good friend/what is bullying, dental health	When and how to get support in school (MH&WB), bullying, online safety including age restrictions, importance of sleep	Protecting the environment	Sun safety, discrimination, online safety – sharing images, bullying	Change (new challenges and growing independence), drugs – (misuse, peer pressure, risks and effects, the law), online safety, bullying, water safety
<b>UKS2 YEAR 6</b>	<b>Safety</b> - online <ul style="list-style-type: none"> <li>Keeping themselves and others safe online</li> <li>Analyse risk – online challenges and dares</li> <li>Making informed choices</li> <li>Where to access advice</li> </ul>	<b>Safety</b> – offline <ul style="list-style-type: none"> <li>First aid</li> <li>Positive risk taking and dangerous behaviour</li> <li>Making informed choices</li> <li>Where to access advice</li> </ul>	<b>Equality</b> – disability <ul style="list-style-type: none"> <li>Equality</li> <li>Challenge negative attitudes and stereotypes</li> <li>How actions can affect others – respectfully sharing points of view, online discussions</li> </ul>	<b>Identity</b> <ul style="list-style-type: none"> <li>Prejudice</li> <li>Discrimination</li> <li>Pride in self</li> <li>Recognising and avoiding stereotypes, including online</li> <li>Money</li> </ul>	<b>Health (link to Macbeth)</b> <ul style="list-style-type: none"> <li>Ways to improve MH&amp;WB</li> <li>Support available when choices go wrong</li> <li>Importance of mental health</li> <li>Managing feelings</li> <li>Loss and grief</li> </ul>	<b>Relationships</b> – consent <ul style="list-style-type: none"> <li>Healthy family life</li> <li>Respect in all relationships – consent, touch</li> <li>Help and support</li> <li>Resolving conflicts</li> <li>Knowing own body belongs to them – consent</li> <li>Y6 – transition to secondary school, sex education</li> </ul>

Assembly themes	School and class rules, showing respect to others, online safety, setting goals	Showing respect to others, road safety, firework safety, being a good friend/what is bullying, dental health	Bullying, online safety, equality, respecting others	Prejudice, discrimination, stereotypes,	Sun safety, online safety, bullying, when and how to get support in school (MH&WB)	Change (new challenges and growing independence), drugs – (misuse, peer pressure, risks and effects, the law), online safety, bullying, water safety
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